

SURFERS MEDICAL ASSOCIATION (AUSTRALIA) INCORPORATED

Hosting the

12TH ANNUAL

INDIAN OCEAN MEDICAL SYMPOSIUM

'BRIDGES TO UNDERSTANDING – AUSTRALIA & THE MALDIVES'

SMA



23RD MARCH – 1ST APRIL 2007
DHONVELI BEACH AND SPA - MALDIVES



PATRON MS SUSIE O'NEILL OAM



SMA-AUSTRALIA

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12TH ANNUAL

INDIAN OCEAN MEDICAL SYMPOSIUM

'BRIDGES TO UNDERSTANDING – AUSTRALIA & THE MALDIVES'

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The 12th Annual Indian Ocean Medical Symposium of the SMA with presentations from clinicians from a variety of specialties with a focus on integrating recent advances and bridging the biological, cultural, social and psychological aspects of emergency health care.

Keynote Speakers

Associate Professor Anna Holdgate

Director of the Emergency Medicine Research Unit at Liverpool Hospital, Sydney and conjoint Associate Professor at the University of NSW.

Professor Patrick McGorry

Professor of Youth Mental Health
University of Melbourne.

Associate Professor Paul Woodgate

Senior Staff Specialist,
Mater Mothers Hospital Brisbane.

Dr Mark Gillett

Director Emergency Medicine Training, Royal North Shore Hospital, Sydney

30 Category 2 RACGP Points Pending
ASNSW Maximum of 20 CTP points.

Registration Fee: \$500.00/delegate

SMA-Australia
PO Box 2078 Dee Why, NSW, Australia, 2099

Conference Program

FRIDAY, MARCH 23

22.00 Arrive Malé Airport, Transfer to Dhonveli Beach and Spa

SATURDAY, MARCH 24

07.30 **Breakfast**

09.00 – 12.00 Mr Harry Gatt Conference Registration and Introduction.

12.30 **Lunch**

14.00 – 17.00 Professor Patrick McGorry Forum: Progress in Mental Health Reform in the Maldives.
Dr John Mahoney Acute Coronary Syndrome in the rooms.
Dr Mark Gillett **Panel Discussion.**

20.00 **Dinner**

SUNDAY, MARCH 25

07.30 **Breakfast**

09.00 – 12.00 Dr Anna Holdgate Anaphylaxis Update.
Dr Paul Woodgate What's New in Neonatal Resuscitation?
Panel Discussion.

12.30 **Lunch**

14.00 – 17.00 Dr Heidi Webster Irritable babies - medical emergency or medicalising normality?
Mr James Walker-Powell Make more bread by paying less tax.
Panel Discussion.

20.00 **Dinner**

Conference Program

MONDAY, MARCH 26

07.30	Breakfast	
09.00 – 12.00	Mr Tony Giurissevich	The Guardianship Board and Related Issues.
	Mr David Elvish	Workers Compensation based initiatives for the effective management of soft tissue injuries in NSW.
		Panel Discussion.
12.30	Lunch	
14.00 – 17.00	Dr Mark Scurrah	Three steps to assessing psychiatric patients in Emergency.
	Mr Andrew Dix	Doctors in Trouble - What can be Done to help the substance abuser, the psychiatrically ill, and the incompetent practitioner?
		Panel Discussion.
20.00	Dinner	

TUESDAY, 27 MARCH

07.30	Breakfast	
09.00 – 12.00	Visit Indira Ghandi Memorial Hospital, Malé	
12.30	Lunch	
14.00 – 17.00	Mr Harry Gatt	Update on current and future SMA Australia Health projects.
	AGM & SMA Committee meeting	
	Free Afternoon	
20.00	Dinner	

Conference Program

WEDNESDAY, 28 MARCH

07.30	Breakfast	
09.00 – 12.00	Dr James Leitch	Implantable defibrillators in the emergency department – what to do with the shocking patient.
	Dr Peter Cooke	Expresso Aide, coffee and the ocean.
		Panel Discussion.
12.30	Lunch	
14.00 – 17.00	Dr Mark Winder	Penetrating Head Injury from Nail guns: A case series.
	Dr Tom Vandeleur	Is there meth to the media madness - a measured look at amphetamines.
		Panel Discussion.
20.00	Dinner	

THURSDAY, 29 MARCH

07.30	Breakfast	
09.00 – 12.00	Dr Anna Holdgate	Australian Snake Bite.
	Ms Margarget Winn	Health-related overseas aid: A and B but what about C?
		Panel Discussion
12.30	Lunch	
14.00 – 17.00	Mr Robert Pinzone	A Medical Practitioner's Guide to the law.
	Mr James Walker Powell	Latest opportunities with superannuation.
		Panel Discussion.
20.00	Dinner	

Conference Program

FRIDAY, 30 MARCH

07.30	Breakfast	
09.00 – 12.00	Dr Anna Holdgate Dr Mark Gillett Dr Matt Davis	Forum: Emergency Medicine, what's new on the horizon and where are we heading? Panel Discussion.
12.30	Lunch	
14.00 – 17.00	Dr Andrew Hedges Dr Matt Davis	IVF Emergencies - Ovarian Hyperstimulation Syndrome. Chemical Restraint for the Agitated Patient in Your Care. Panel Discussion.
20.00	Dinner	

SATURDAY, 31 MARCH

07.30	Breakfast	
09.00 – 12.00	Dr Garry Wells Dr Glenn Fuller Alison Walker-Powell	Emergency Dentistry Skills. Suicide Prevention; A Practical (Snakes and Ladders) Approach MYOB for Medical Practitioners. Panel Discussion.
12.30	Lunch	
14.00 – 17.00	Dr James Colquhoun-Kerr Mr David Elvish	Paediatric Emergencies. Exercises for low back pain- where are we now? Panel Discussion.
20.00	Dinner	

SUNDAY, 01 APRIL

07.30	Breakfast	
09.00 – 12.00	Conference Appraisal	
12.30	Lunch	
19.30	Dinner	
20.30	Depart Dhonveli for Malé Airport	

SPEAKERS

Associate Professor Anna Holdgate

Anna Holdgate is currently Director of the Emergency Medicine Research Unit at Liverpool Hospital, Sydney and conjoint Associate Professor at the University of NSW. She is involved in a number of multi-centre studies focusing on envenomation, anaphylaxis and procedural sedation. She is coordinator of the newly founded state-wide emergency medicine research collaborative, ANSWER.

Dr Holdgate has worked as a specialist in Emergency Medicine for more than 12 years and still undertakes clinical work in one of the busiest Emergency Departments in Sydney, in addition to her research and education portfolios. Prior to completing her specialist training, she worked in both India and Bangladesh. She has spent 4 years working with the Lifesaver helicopter rescue service and has had travelled to the Antarctic as the ship doctor for the Australian Antarctic Division.

Dr Holdgate also has numerous publications in a variety of English-language refereed journals including the BMJ, Academic Emergency Medicine and the Cochrane Library. In addition to her current multicentre studies, she has undertaken research in the areas of pain measurement and management, renal colic and renal imaging, and extended nursing skills in the ED. She is actively involved in both medical student and registrar teaching in emergency medicine.

Dr Holdgate is a member of the Australasian College for Emergency Medicine (ACEM) Scientific Committee and the ACEM Court of Examiners. She is section editor for original research for the journal *Emergency Medicine Australasia*, and is a reviewer for a number of high profile journals. Her awards include the ACEM Buchanan prize 1994, the ACEM foundation medal 2001, Clinical Teacher of the year 1998-2000, and NSW Health Better Health care awards 2000 & 2001.

Dr Holdgate will also be assisting with clinical development of the Ambulance Service and Emergency Department at the Indira Gandhi Hospital in Malé.

Dr Mark Gillett

Specialist Emergency Physician (FACEM, 1993)
Board Certified in Family Practice (FRACGP, 1993)

Positions currently held:

- Director Emergency Medicine Training, Royal North Shore Hospital, Sydney
- Consultant to the Emergency Dept, Shoalhaven District Memorial Hospital, Nowra
- Medical Director, Immediate Assistants P/L providing pre-hospital care to major sporting venues through Sydney and overseas
- Chair Fellowship Examination Committee ACEM

Mr Andrew Dix

Andrew Dix graduated from Sydney University with an Arts/Law degree in 1977, and worked in a large city law firm for three years before leaving to travel in South America. Returning several years later, he moved into the relatively uncharted waters of medical law as the NSW AMA's in house legal counsel. While there he co-authored a Butterworths publication, *Law for the Medical Profession*, which was one of the earliest attempts to comprehensively set out and explain the law as it related to the day to day practice of medicine for Australian doctors. Following major change to the NSW Medical Practitioners Act which laid the foundations for a completely new model of professional regulation for doctors, Andrew took up the position of Registrar/CEO of the NSW Medical Board, responsible for the implementation of the new legislation. While in this position, he has been responsible for the development and introduction of national regulatory innovations such as the impairment program for doctors whose physical or mental health is having an adverse affect on their ability to practice safely, and the performance program for those who are neither unwell or 'bad', but whose practice standards have slipped below an acceptable level. One of his major current focuses at the Board is to achieve some sort of meaningful national registration, and uniformity of regulatory requirements and standards.

SPEAKERS

Associate Professor Paul Woodgate

MBBS, MMed Sci (Clin Epid), FRACP

Paul Woodgate is currently Associate Professor, Griffith Medical School and Senior Staff Specialist, Mater Mothers Hospital

Paul Woodgate attended the University of Queensland and completed his undergraduate education in 1984. After internship at the Royal Brisbane Hospital, he commenced basic training in Paediatric Medicine at the Royal Children's Hospital in Brisbane. After the Part I FRACP was obtained, he undertook paediatric subspecialty training in Neonatology at the Royal Women's Hospital, Brisbane and subsequently at the Queen Victoria Hospital in Adelaide.

In 1992, Paul travelled to Canada where he undertook a clinical fellowship in Neonatal-Perinatal Medicine at the McMaster University Medical Centre in Hamilton, Ontario. Upon his return to Australia, he was awarded his FRACP in Paediatrics and was also admitted to the Australian College of Paediatrics. Further to initial studies undertaken whilst at McMaster University, Paul enrolled in a Masters programme at the University of Newcastle and obtained a Masters of Medical Science in Clinical Epidemiology in 1999.

He has worked as Staff Specialist in the Neonatal Intensive Care Units at the Royal Women's Hospital, Brisbane and the Kirwan Hospital for Women in Townsville. His current appointment is as Senior Staff Specialist in the Department of Neonatology at the Mater Mothers Hospital in Brisbane. Paul has undertaken various teaching duties for the Indigenous Primary Health Care Program (Univ. of Qld.) and has recently become involved with the new Griffith Medical School at the Gold Coast. Apart from the clinical care of high-risk neonates, his interests include the epidemiology of perinatal and infant mortality, and the neonatal effects of maternal drug usage

Dr John Mahoney

John Mahoney is currently UK National Counterpart for mental Health to the World Health Organization, HQ, Geneva and presently based in Sri Lanka. He is a senior National Health Service manager on secondment from the UK.

Following the President of Sri Lanka's request for assistance he was asked to help develop the psychiatric and psychosocial response to the tsunami. He has been there continuously since January, 2005. On behalf of WHO he has also developed a new mental health policy for the Palestinian Ministry for Health and has been involved with its implementation since 2003. He has worked in numerous countries.

He was previously Joint Head of Mental Health for the UK Government and wrote the first National Review of services (the NHS Plan) since 1973. He was able to secure over \$600 million of new investment, primarily in new services in the community. It was agreed all people with mental health problems would have access to crisis resolution teams round the clock, all people with complex needs would be in receipt of intensive (assertive outreach) services, and all young people with a first episode of psychosis would receive intensive support for three years. This latter model was based on the pioneering work of Professor Patrick McGorry, University of Melbourne.

Dr James Leitch

Dr James Leitch trained in Cardiology at RPAH, Sydney and in cardiac electrophysiology in London, Canada. He is currently a staff specialist at John Hunter Hospital and in private practice in Newcastle. His practice involves assessment of patients with cardiac arrhythmia, cardiac ablation procedures and pacemaker and defibrillator implantation. Author of 78 peer reviewed publications and book chapters in the field of cardiac arrhythmia.

SPEAKERS

Professor Patrick McGorry

Patrick McGorry is a renowned leader in the field of youth mental health. His pioneering work, particularly in the area of early psychosis, has won him both national and international recognition. Professor McGorry is the Executive Director ORYGEN Youth Health and ORYGEN Research Centre. He will represent ORYGEN on the Foundation Executive Committee.

Professor McGorry has made an enormous contribution to service delivery, research and national and international service reform in the area of early psychosis and youth mental health for over 15 years. He has been instrumental in the development of the youth-specific mental health service at ORYGEN and the adoption of more effective and safer treatment practices for young people with emerging mental disorder.

Professor McGorry is currently Chief Investigator A on NHMRC Program and CCRE Grants as well as conducting research funded by State and Federal Government sources, the Victorian Health Promotion Foundation, Theodore & Vada Stanley Foundation, NARSAD, Colonial Foundation, ANZ Charitable Trusts, Rebecca L. Cooper Medical Research Foundation and Australian Rotary Health Research. Publications resulting from his research have been published in refereed international journals such as the Archives of General Psychiatry, Lancet, American Journal of Psychiatry, Schizophrenia Bulletin, Schizophrenia Research, Biological Psychiatry, The Medical Journal of Australia, The British Medical Journal, The British Journal of Psychiatry, Psychological Medicine and Acta Psychiatrica Scandinavica. He has also edited 5 books. As well as contributing significantly to the field of schizophrenia and psychosis research, Professor McGorry has conducted important research in other fields of psychiatry such as the mental health needs of the homeless and prisoners, treatment for refugees and torture survivors, youth suicide, youth substance use and the treatment of emerging personality disorder.

He is a member of the Victorian Government Ministerial Advisory Committee on Mental Health and is currently the President of the International Early Psychosis Association, an Executive Board Member of the International Society for Psychological Treatments in Schizophrenia & Related Psychoses, and a member of the Committee of the Section on Schizophrenia of the World Psychiatric Association. He was Deputy Chair of the Victorian Postgraduate Training Committee of the RANZCP (2004-5), and in 2005 was elected as a General Councillor of the RANZCP. In 1991, Professor McGorry was awarded the RANZCP/Organon Junior Research Award for significant research contributions in the early phase of his career and then the RANZCP/Organon Senior Research Award in 1998. Research and clinical programs he has developed have received a number of awards including the 1994 Gold Australia and New Zealand Mental Health Services Achievement Award, the 1995 SAPMEA Best Program Award for the PACE Clinic and two Silver Australia and New Zealand Mental Health Service Achievement Awards in 1997 for the PACE Clinic. He was awarded the Founders Medal of the Australian Society for Psychiatric Research at the 2001 ASPR Annual Scientific Meeting and the Centenary Medal from the Australian Government in 2003.

Professor McGorry has a proven track record in leadership and management having initiated and overseen the development of the now multi-million dollar clinical, research, dissemination and translation programs that exist at ORYGEN and employ over 250 staff.

Dr Jim Kerr

*BSc Honours in Zoology UNTAS 1975 MBSUNTAS
1986 DIP Paediatrics UNSW 1992 FRACP
(Paediatrics)1998*

VMO Paediatrician - Port Macquarie Base Hospital & Lecturer in Paediatrics UNSW.

SPEAKERS

Dr Mark Winder

MBBS (Hons) Master of Surgery (Neurosurgery)

Dr Winder is a Neurosurgical Registrar currently working at John Hunter Hospital, Newcastle. He has completed a Master of Surgery (Neurosurgery) focusing on cerebrovascular neurosurgery. His publications cover many aspects of neurosurgery including cerebrovascular, paediatrics and acute trauma. He has an interest in academia with plans for a combined fellowship in North America.

Dr Andrew Hedges

(Gynaecologist) B Med, FRANZO&G, M Rep Med

Dr Hedges graduated from Newcastle university 1987 and completed his postgraduate training at Royal North Shore Hospital Sydney and John Hunter Hospital Newcastle with a year in Salisbury United Kingdom. Andrew also completed a Masters of Reproductive Medicine in 2005.

Current area of practice Gynaecology and Male and female Fertility. He is Medical Director Hunter IVF and Visiting Medical officer John Hunter Hospital and Newcastle Private Hospital. Dr Hedges is also a Member of the Monash IVF medical advisory committee.

Dr Hedges has also been awarded the F J Browne medal by the RANZO&G for the membership exam and also helped the establishment of the Parthena IVF clinic in Colombo Sri Lanka in 2005/6.

Dr Heidi Webster

MBBS, MPH, FRACP

Staff Specialist, Royal Children's Hospital
Community Child Health Service

Developmental and Behavioural
Paediatrician, Child Development Network
Private Practice

Heidi Webster attended the University of Queensland and completed her undergraduate education in 1994. After internship at the Mater Hospital, she commenced basic training in Paediatric

Medicine at the Mater Children's Hospital in Brisbane. After the Part I FRACP was obtained, she undertook paediatric subspeciality training in Community Paediatrics at the Royal Children's then Mater Children's Hospital, Brisbane in the Community Child Health Training Fellowship Program. Heidi completed FRACP training for the paediatric subspecialty of Community Child Health and was one of the foundation trainees. The FRACP was awarded in 2002.

During community child health fellowship training for her FRACP Heidi also completed subjects for the Masters of Public Health program and completed her dissertation on the Systematic Review of Home Visiting programs for premature and low birth weight infants. The MPH was awarded in 2003.

Heidi has worked in a consultant capacity at both the Mater Children's and Royal Children's hospitals Brisbane in Child Development diagnostic clinics and also in the Child Protection Unit. Following her training Heidi joined a small private developmental paediatric team and has continued to build her private practice.

This team combines medical and allied health staff in order to provide a comprehensive diagnosis and management service for children with behavioural and developmental difficulties. Heidi has developed skills in the interest areas of childhood anxiety disorders, autism and school learning difficulties, and conducts multidisciplinary meetings within schools in the Brisbane area in order to support children in their school environments. Her current appointment at the Royal Children's Hospital is at the Riverton Early Parenting Centre which is a family residential program addressing infant and early childhood behavioural feeding and sleeping issues and the impacts of maternal psychosocial stress on the family.

Dr Garry Wells

Graduated University of Sydney 1978
General Practice Dentist.

SPEAKERS

Mr David Elvish

David is a Manipulative Physiotherapist in private practice in Newcastle NSW. David graduated from University of Sydney in 1990. Subsequent to this he has completed Masters Degrees through the University of Newcastle and Charles Sturt University. David is the managing director of Workplace Physiotherapy, a Newcastle-based company providing innovative active injury management solutions from early intervention to chronic pain intervention. David has a special interest in the utilisation of evidence-based assessment and intervention approaches for work-related musculoskeletal pain. David has been appointed as an Independent Physiotherapy Consultant with WorkCover NSW for the last 10 years.

Dr Peter Cooke

MB BS (NSW) Dip DRACOG. M. Pain Med. FRACGP

Dr Peter Cooke is a General Practitioner operating from Charlestown, Newcastle NSW Australia. Peter's special interest is in Sports and Musculoskeletal medicine.

Mr Robert Pinzone

Bachelor of Arts, Bachelor of Laws, Uni of Sydney

Admitted to practice in NSW in 1976. Accredited Specialist in Personal Injury law. Robert has been acknowledged by peers as an expert in Motor Traffic / Personal Injury law for 20 years, and as having expertise in medico-legal practice. Robert is a member of the Advisory Committee to the Accredited Specialist Board, NSW Law Society; as well as a member of the Advisory Panel for the Motor Accidents Authority for Paediatric Brain and Spinal Cord Injuries. Robert regularly participates in advisory workshops with the Motor Accidents Authority. New South Wales committee member Australian Lawyers Alliance.

Dr Tom Vandeleur

Dr Tom Vandeleur is Psychiatrist who trained at Royal North Shore Hospital, Sydney Australia and is currently completing the Certificate of Advanced Training in 'Addiction Psychiatry'.

Mr Tony Giurissevich

Tony Giurissevich was admitted as a Solicitor of the Supreme Court of New South Wales in July of 1976 and now has 29 years post admission experience in a broad range of legal practice.

As well as practising as a solicitor he has been a Statutory Appointee to a number of Statutory Tribunals including the Guardianship Tribunal, Social Security Appeals Tribunal and Veterans' Review Board. That experience has enhanced his knowledge of medico legal issues and the delivery of services in the Public Health system and in the disability field.

Tony has regularly presented on behalf of Keddies at training sessions for Social Workers and other Health Professionals (Brain Injury Units) on a number of issues including guardianship, advanced care directives, powers of attorney and wills. These are all examples of planning for substitute decision-making in anticipation of loss of cognitive competence and death.

He has a particular interest in End of Life Decision Making having experienced on many occasions the dynamic between emotional family expectations and the medical reality in terms of prognosis. That dynamic is sometimes ruled upon by legal decisions made in the Supreme Court and the Guardianship Tribunals of the respective States of Australia. Proper education and planning around those issues would go a long way to alleviate the pressure on both health care infrastructure and the legal framework which ultimately rules on those disputes and which ultimately simply look to Best Medical Practice to be applied.

Tony has also been a strong advocate and legal representative for people with disabilities including mental illness, acquired brain injury and intellectual disability and has brought their claims to successful completion in many jurisdictions.

SPEAKERS

Dr Mark Scurrah

Graduate of University of Adelaide 1987.
Vocationally registered GP 1990
Director of Adelaide Locum Service (1991-94)
Fellowship Royal Australian & New Zealand
College of Psychiatrists 1998
Director National Mental Health Service
Project, Far Western Area Health Service,
NSW 1999-2000. Co-director Glenside
Campus ECT 1999-2000
Visiting psychiatrist Glenside Campus
Psychogeriatric Unit 1999-2000
Visiting psychiatric Glenside Rehabilitation
team 2000-2002
Visiting Psychiatrist NRAHS 2003-2005
Visiting psychiatrist to the NRAHS Aged Care
Assessment Team 2003-2007,
Private practice 2000-2007.
Prior to this he was the Chief Executive of
mental health services in Birmingham which
won the Nye Bevan award for excellence after
considerable change based on the above
model that was to become National Policy.
He has been a senior NHS manager for over
twenty years.

Dr Matt Davis

Specialist Emergency Physician, Central
Coast NSW.
Matt has been practicing in critical care medicine
for the last 12 years. He is a lecturer for the
Australian Ski Patrol Association, the Australian
Rugby League First Aid Officer Course and the
Emergency Life Support Course. His roles on the
Central Coast include developing and supervising
the education program of junior medical officers.
His professional interests include medical
education, medical decision making, sports
medicine and evidence-based critical
care medicine.

Dr Glenn Fuller

Graduate University of NSW
Consultant Psychiatrist in public and private
practice Byron Bay and Lismore.

Mr James Walker-Powell

James Walker-Powell is an entrepreneur
who has run a successful financial planning
business for over 18 years. He holds a
Bachelor of Physical Education as well as
the Diploma of Financial Planning. As well
as being a keen sportsman himself, James
is also a respected coach in both sport
and business. James is a financial coach
to a large number of high profile legal
professionals, senior executives and small
business owners.

He is a regular contributor in both the print
and electronic media. In 2005 and again in
2006 he was a finalist in the Adviser of the
Year awards, The Association of Financial
Advisers (AFA). James is the founder and
innovator of his unique process the
"My Life" process.

Ms Margaret Winn

Margaret Winn has worked in the health
field for 25 years, specialising in women
s reproductive health and sexual and
public/community health in Australia and
over 25 countries in Africa, Asia and the
Pacific Region. Most of her work has been
concerned with community development
and community empowerment in the fields
of family planning and population, HIV and
health promotion/education. Her work
has ranged from research, training and
policy to project design, implementation,
management and evaluation. She has
worked at all levels from the United Nations,
national and international donors and
NGOs, to recipient country governments
and community controlled organizations.
Margaret has a background in Anthropology
and Education and has a particular interest
in disadvantaged and minority groups,
including people who cannot read

Alison Walker-Powell

Alison Walker-Powell will present an experts
view on MYOB. She has worked with a number
of small business and large corporations
including Orotan in Payroll, HR and Accounts

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