

The
Surfers Medical
Association Australia

Presents the

14th Multi-Focused Indian Ocean Medical Symposium

Exchanging knowledge and experiences. Providing aid to those in need.

*29th October - 6th November 2008
Chaaya Island, Dhonveli, Maldives*

The logo for Keddies Lawyers features the company name in a bold, sans-serif font. Above the text is a stylized graphic consisting of a curved line that arches over the letters 'E' and 'D' in 'KEDDIES', ending in a small starburst or spark-like shape. The text 'LAWYERS' is positioned directly below 'KEDDIES'.

KEDDIES
LAWYERS

Introduction

The 14th Indian Ocean medical symposium will feature presentations and debate from a diverse group of speakers that encompass a broad range of topics including medical, legal and financial. A combination of the latest evidence and personal experience should promote lively discussion. The relaxed setting and informal nature of the conference encourages interactive audience participation to fully utilise the expertise present.

As part of our charter we deliver educational sessions to medical staff at hospitals in Malé, offer advice to government departments and run clinics at community health care centres. We also acquire medical equipment for the disadvantaged and raise much needed funds for people in need.

The combination of all these diverse elements illustrates the different dimension our symposiums add that distinguishes them from most other medical conferences. There is also an opportunity for conference delegates to participate in long running projects that the SMA conducts.

SMA-Australia PO Box 2078 Dee Why, NSW, Australia. 2099
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Dr John Crock

Dr John Crock is a plastic surgeon from Melbourne, Australia, who trained in Melbourne, London, Perth and San Francisco. He has a doctoral thesis in the area of anatomy and reconstructive surgery, and continues his academic pursuits as a senior lecturer for the Monash University department of surgery.

As well as running his own private practice, he works for Southern Health as a plastic surgeon and also works in rural Victoria and Fiji, where he assists Jon Roseman and Dave Clark in running their medical service on Tavarua Island. He also does reconstructive plastic surgery in Northern Fiji, and has his own nonprofit organization set up to help the Fijians.

John is a keen surfer who used to work in the industry and compete while surfing was still in its germinal phases of the current ASP. He has a passion for people, and loves to travel. He is keen to see people reach their full potential, and to see doctors who surf combine their training and sport to give back to people less fortunate than themselves. He is excited about sharing some of his ideas with the SMA, and about working with them in the future.

Dr Michael Baigent

Michael Baigent is Associate Professor in Psychiatry at Flinders University in South Australia, the Director of the Centre for Anxiety and Related Disorders, Flinders Medical Centre, and visiting Senior Specialist to the Drug and Alcohol Services South Australia.

Michael is a psychiatrist and addiction specialist – a clinician who does a little research. Michael's clinical work is in the area of general psychiatry, particularly high prevalence disorders and substance use disorders. He is currently involved with research on amphetamine dependence and related psychiatric disorders. Michael's current professional interests in co-existing mental illness and substance use disorders has been shaped by his background working in Drug and Alcohol prior to training in psychiatry. He has been the Chair of the RANZCP Section on Addiction Psychiatry and has been a member of a number of national and state advisory committees and reference groups to do with substance use disorders and mental illness. In 2006, he was invited to be the Clinical Advisor to beyondblue, the National Depression Initiative. Michael enjoys teaching in Addictions and Psychiatry at the undergraduate and post-graduate level.

Dr Mark Gillett

Mark Gillett has been practicing as a Specialist Emergency Physician at Royal North Shore Hospital, Sydney since 1993. Mark is also the Director of Emergency Medicine Training at Royal North Shore.

Mark's other responsibilities of note include; Consultant to the Emergency Dept, Shoalhaven District Memorial Hospital, Nowra; Medical Director, Immediate Assistants P/L providing pre-hospital care to major sporting venues throughout Sydney and overseas; Chair Fellowship Examination Committee ACEM.

Speakers (continued)

Dr Paul O'Brien

Dr Paul O'Brien is a medical practitioner who has been based on the north coast of New South Wales, Australia since 1977. Paul's primary area of medical practice is Skin Cancer Medicine. Paul's main practice location is Northern Rivers Skin Cancer Clinic, Ballina in NSW. In addition, Paul undertakes the role as a RACGP Clinical Examiner.

Dr O'Brien is particularly looking forward to playing his part as a member of the SMA Medical contingent conducting clinics at Himmafushi and Huraa Community Healthcare centre's during the Maldives meeting.

Dr Mark J Winder

Dr Mark Winder graduated from the University of Sydney, School of Medicine with honours in 2000. He commenced basic surgical training in 2002, before being accepted for specialist training in Neurosurgery in 2004. Whilst specialising he completed a Master of Surgery, becoming a John Lowenthal Medalist in 2006. He successfully completed the fellowship examinations for Neurosurgery in 2008.

Throughout training Dr Winder has had a broad experience in all facets of Neurosurgery, with a special interest in cerebrovascular and spinal neurosurgery. He will complete a spinal fellowship in Calgary in 2009.

Mark has been fortunate enough to attend the SMA conferences in the Maldives on two occasions with a desire to be involved in the delivery of health care as part of the SMA.

Dr Anthony Fitzpatrick

Dr Tony Fitzpatrick is a senior Anaesthesia specialist working in both private and public practice in rural NSW.

Tony's interests include rural health issues and he is the Chair of the MSC of the Shoalhaven Hospital and provides representation on the MAC of the Nowra Private Hospital. He is currently a member of the pharmacy committee, theatre users group and Area and local MADAAC.

Tony's clinical interests include day surgery anaesthesia, regional anaesthesia and endoscopic anaesthesia. He also has an interest in "bloodless" medicine as may be requested by some patient groups. Tony has been published in 'Anaesthesia and Intensive Care', has an entry in "The Encyclopaedia of Surfing" and is interested in surf photography.

Dr Richard 'Al' Stephens

Dr Stephens is a graduate of Sydney University.

For the past 20 years Al has been practicing as a Consultant Psychiatrist in private practice in Newcastle, New South Wales.

Al has been an SMA committee member for a number of years. Although preferring to be in the 'background', Al has had a large influence in steering the SMA to where it is today.

Dr Alex Tzannes

Alex Tzannes was born and raised in Sydney, Australia. In 1996 he graduated from the University of NSW. Alex spent the first several years of his post graduate work on the Central Coast of New South Wales, followed by a year in the Northern Territory.

Alex's ongoing training towards specialisation in Emergency Medicine was completed at St George Hospital in Sydney where he now practices as Emergency Staff Specialist. Dr Tzannes enjoys the diverse workload that St George Hospital offers, as its 'trauma centre' status ensures that it has a busy, mixed paediatric and adult tertiary Emergency Department.

Alex is also a part time Retrieval Consultant with the Ambulance Service of NSW's Aeromedical Division which manages the state's pre-hospital and inter-hospital transfer of patients utilising a combination of helicopters, planes and road ambulances.

Since 2005 Alex has been an instructor with the Early Management of Severe Trauma (ATLS) programme.

His extracurricular interests currently revolve around the raising of a pair of toddlers, but once upon a time he was a keen surfer, bushwalker and back country skier.

Dr Sasha Campbell

Sasha Campbell is a Senior Perinatal Psychiatry Registrar, Advanced Trainee in the Psychotherapies and tutor for the NSW Institute of Psychiatry. She is currently working through the Department of Consultation Liaison Psychiatry at Royal North Shore Hospital in the Maternal Foetal Medicine Unit, a high-risk obstetric unit.

Doctor Campbell has a Diploma of Paediatrics from Sydney Children's Hospital and experience in remote and Indigenous health. Sasha presented a case at the 2007 Perinatal and Infant Mental Health / Aboriginal and Torres Strait Islander Conference and is soon to present a case at the 2008 Royal Australian and New Zealand College of Psychiatrists Section of Psychotherapy Conference.

Sasha's particular interests are in Perinatal Mental Health, the Psychotherapies and her rather busy twin toddlers.

Dr Ruth Baigent

Ruth Baigent is a General Practitioner with an interest in Mental Health, Women's Health and preventive care. She began her working career in nursing before combining a Bachelor of Science with a Medical Degree, gaining MB BS (Hons) in Medicine at the University of Adelaide.

Ruth has worked in mental health, women's health and also General Practice. She has additional post-graduate training in children's health and is a Fellow of the Royal Australian College of General Practitioners.

The experience and knowledge that Ruth has acquired, particularly in Women's Health and Preventative Care will be of great comfort and benefit particularly to the community health centre nurses.

Speakers (continued)

Dr Linton Meagher

Linton Meagher is a psychiatrist based in Sydney. He works part-time in aged care liaison psychiatry at the Royal North Shore Hospital in Sydney, and part-time at the Evesham Clinic private practice in Cremorne, Sydney. He is also a consultant psychiatrist at the Northside Clinics in Cremorne and Greenwich, and at the North Shore Private Hospital.

Linton completed a neuropsychiatry fellowship and has an interest in Deep Brain Stimulation surgery in Parkinson's disease, working as the neuropsychiatrist for the Sydney Parkinson and Movement Disorders Clinic. He is a clinical associate of the University of Sydney and is involved in registrar and undergraduate medical student teaching.

Mr Adrian Mowbray

Adrian Mowbray grew up on the Northern Beaches of Sydney and was schooled at St. Augustine's College, Brookvale. After completing the HSC he went on to study Agricultural Science at Hawkesbury Agricultural College in Richmond NSW where he graduated and pursued a career in ornamental plant production in both Queensland and NSW.

In 1990 Adrian joined the Ambulance Service of NSW and served at a number of stations across NSW. He is currently stationed at Nambucca Heads on the Mid North Coast.

Adrian obtained his Advanced Life Support Qualifications in 1993 and completed the Bachelor of Health Science Degree at Charles Sturt University in 2001. He is currently studying to obtain his Intensive Care Paramedic qualifications. Adrian's clinical experience has extended across both urban and rural settings however the bulk of his career has been in the rural setting where his practice of pre-hospital care has had its own unique challenges.

Adrian has also been involved in extensive local community education of First Aid and Resuscitation over many years and hopes this experience can be extended through the SMA to the people of the Maldives.

Mr Matt Vignes

Matt Vignes graduated from Charles Sturt University (Medical Imaging) in 2006 and went on to gain employment at Royal North Shore Hospital in Sydney. Following a three year stint in Wollongong he then spent the next 10 years on the North Coast of NSW where he focused on providing an efficient CT and General Radiography service.

To further advance his career, Matt moved to Burnie Tasmania where he was employed as CT Senior and 2nd in charge. During that time Matt focused on reducing CT dose significantly (up to 80% in some examinations), but still retaining image quality. Also managing a great team of clinicians, to provide an excellent service to patients, referrers, and Radiologists, within the Private and Public Health systems have been great professional achievements.

Matt's main focus within the professional sphere is the reduction of radiation dose, and managing both professionals and patients in a friendly and thoughtful manner.

Dr Michael Warhurst

Dr Michael Warhurst comes from country Victoria originally, and completed his medical degree at the Flinders University of South Australia in 1997. During his Intern and RMO year he worked at the Queen Elizabeth Hospital in Adelaide. He worked for one year as an RMO in their general psychiatry unit, which included both "open" and "closed" units.

Dr Warhurst then went into general psychiatry training, based at Flinders Medical Centre in the southern suburbs of Adelaide. He gained experience in multiple areas of psychiatry during his six years of training, including adult general psychiatry, anxiety and weight disorders, child and adolescent psychiatry, and consultation-liaison psychiatry. He also completed multiple rotations in emergency and community psychiatry, including emergency department psychiatry and community-based acute/crisis psychiatry.

Since achieving his Fellowship two years ago he has continued as a consultant psychiatrist in the community crisis and ongoing care psychiatry teams. He also provides an outpatient psychiatry service that facilitates quick access for GPs to psychiatric assessments and management plans. He has other specific interests in the areas of Anxiety Disorders, Depression and ECT, and Post-Traumatic Stress Disorder in veterans of Vietnam and other wars.

Mr James Winder

James Winder describes his background as 'chequered' - formally trained as a physical educationalist, obtaining a Bachelor of Applied Science at Phillip Institute of Technology, only to move into the search and rescue industry as a Para Rescue/Emergency Services Officer with the National Safety Council of Australia where he says he "jumped out of planes to save people's lives".

Subsequently, he was formally schooled in business, obtaining a Diploma in Marketing and Business from the David Syme School of Business and a Masters in Business Administration from Monash Mount Eliza Business School Melbourne, whilst simultaneously securing various corporate positions and establishing his own property investment and development company in 1999.

James is a Director of IPG Australia Pty Ltd and Executive Director of IPG Asia Limited. IPG Asia is a privately owned international investment and specialised fund and asset management group with proven capabilities in the creation, syndication and management of real estate and cash flow-based investments with offices in Australia, Hong Kong and Japan.

Mr Travis Musicka

Travis Musicka has been employed as a Paramedic with the Ambulance Service of NSW for the past four years. In that time he has predominately performed his duties in smaller rural communities. Nevertheless, Travis has also been exposed to a multitude of work including high speed motor vehicle accidents, acute medical conditions, drug overdose, farming accidents and geriatric work.

Conference Program

Wednesday, October 29

22.00 Arrive Malé Airport, Transfer to Chaaya Island, Dhonveli

Thursday, March 30

07.30 Breakfast

09.00 – 12.00

Mr Harry Gatt
Dr John Crock

Conference Registration and Introductions

Dr John Crock will open with a brief testimonial about his path to becoming a reconstructive plastic surgeon with a busy clinical practice and a senior lecturer in plastic and reconstructive surgery in one of Australia's largest universities. He will show movies of his home environment including footage of the Victorian coast around Philip Island where he has a large clinical practice. This talk will hopefully act as a platform from which to explore the possibilities of uniting various clinical skills with travel in developing nations.

12.30 Lunch

14.00 – 17.00

Dr Paul O'Brien

Dr Mark Gillett
Workshops:

'Cut, Burn, Scrape, Freeze, Zap or Rub'; an update on treatment options for Non Melanoma Skin Cancer.

'Assessing Clinical Performance'

CPR tutoring and practice utilising -

Resuscitation Manikin/Automatic External Defibrillator

Pre-Hospital procedures and practices

Panel Discussion

20.00

Dinner

Friday, March 31

07.30 Breakfast

09.00 – 13.00

Dr Michael Baigent
Dr Tony Fitzpatrick
Mr Matt Vignes

'Alcohol and Depression: the great mates'

'Blood Conservation for Jehovah Witnesses'

'Lis Franc Fracture Dislocation- a Personal Case Study'

Panel Discussion

13.30

Lunch

14.30 – 17.00

Clinic:
Workshops:

Himmafushi Island Community Healthcare Centre

CPR tutoring and practice utilising -

Resuscitation Manikin/Automatic External Defibrillator

Pre-Hospital procedures and practices

20.00

Dinner

Saturday, November 01

07.30	Breakfast	
09.00 – 12.00	Dr John Crock	'EMT in the surf.' The basic principles of emergency management of trauma in a surf camp setting will be explored and developed.
	Dr Ruth Baigent	'Controversies surrounding the use of fish oil in medicine'
	Dr Alex Tzannes	'Immersion injury and Hypothermia'
	Panel Discussion	
12.30	Lunch	
14.00 – 17.00	Dr Linton Meagher	'Parkinson's Disease: Psychiatric morbidity associated with Deep Brain Stimulation surgery.'
	Mr James Winder	'Passive income - Getting your money to work harder than you do... & earn more than you do, part one'
	Workshops:	CPR tutoring and practice utilising - <i>Resuscitation Manikin/Automatic External Defibrillator</i>
	Panel Discussion	Pre-Hospital procedures and practices
20.00	Dinner	

Sunday, November 02

07.30	Breakfast	
09.00 – 11.30	Visit Indira Ghandi Memorial Hospital, Malé	
	Visit ADK Hospital Male'	
12.30	Lunch	
14.00 – 16.00	Dr Mark Winder	'An update on the early identification and management of subarachnoid haemorrhages'
	Dr Sasha Campbell	'Mental Health of Doctors: Keeping your head above water'
	Panel Discussion	
20.00	Dinner	

Conference Program (continued)

Monday, November 03

07.30	Breakfast	
09.00 – 12.00	Clinic:	Huraa Island Community Healthcare Centre
	Workshops:	CPR tutoring and practice utilising - <i>Resuscitation Manikin/Automatic External Defibrillator</i> Pre-Hospital procedures and practices
	Panel Discussion	
12.30	Lunch	
14.00 – 16.00	Dr Al Stephens	'Update on treatment of bipolar'
	Mr James Winder	'Passive income - Getting your money to work harder than you do... & earn more than you do, part two.'
	Panel Discussion	
20.00	Dinner	

Tuesday, November 04

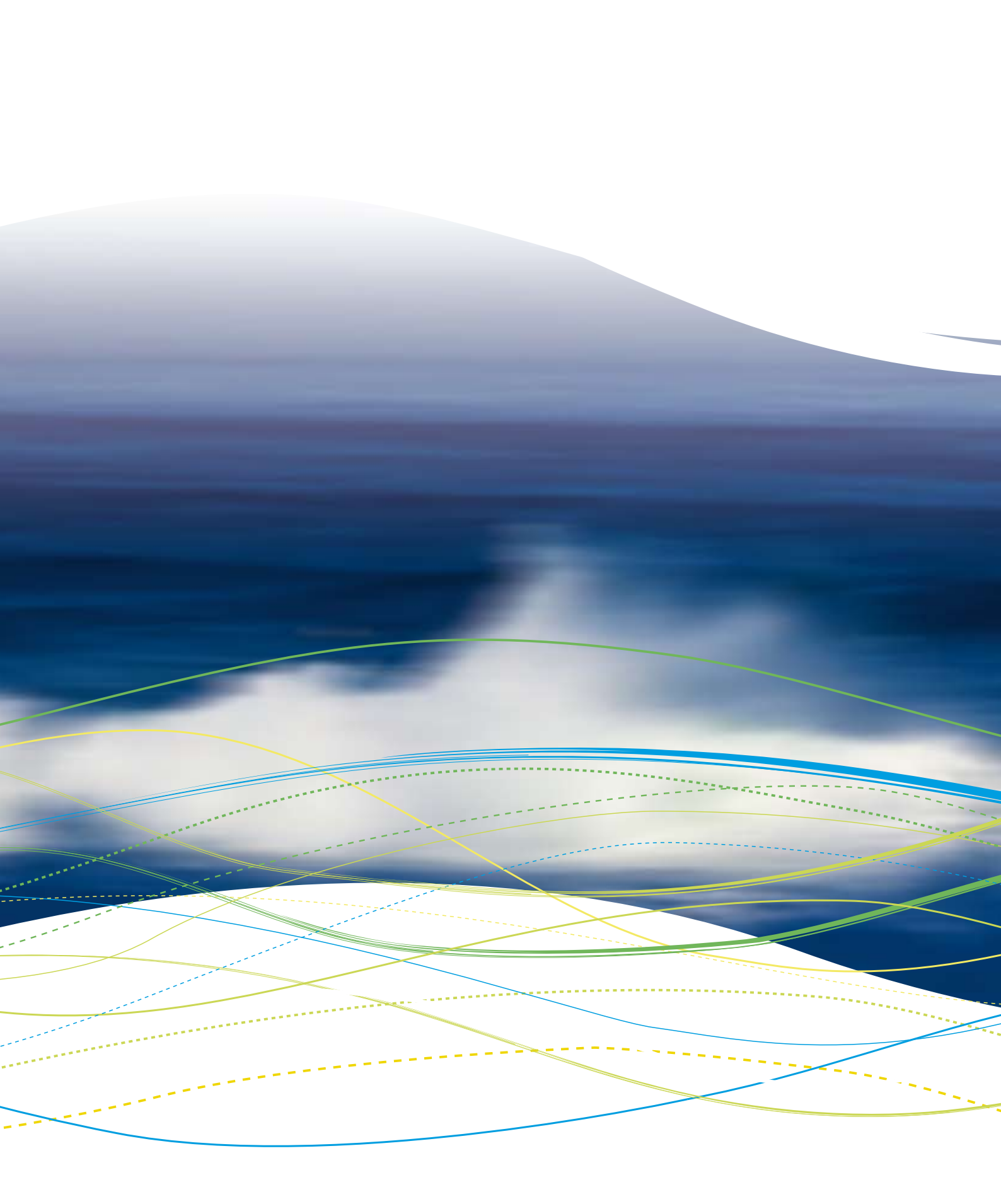
07.30	Breakfast	
09.00 – 12.00	Dr John Crock	'Interplast Experiences in Northern Fiji. An exposition of surgery in the remote corners of the South Pacific.'
	Dr Alex Tzannes	'Marine Nasties: Things that sting and bite'
	Dr Michael Warhurst	'Early identification of mental illness for first line clinicians: acute and ongoing management.'
	Panel Discussion	
12.30	Lunch	
14.00 – 17.00	Dr John Crock	'The surf camp culture'. In this talk John will share his clinical experiences of working in surf camps in the South Pacific and explore the possibilities of exporting this to other surf camp ventures around the world.
	Workshops:	CPR tutoring and practice utilising - <i>Resuscitation Manikin/Automatic External Defibrillator</i> Pre-Hospital procedures and practices
	Panel Discussion	
20.00	Dinner	

Wednesday, November 05

07.30	Breakfast	
09.00 – 11.30	Paul O'Brien	'Melanoma in Australia; an update on the incidence, prevention, detection and management of Melanoma in Australia.'
	Dr Mark Gillett	Chairs an 'Accident and Emergency Forum'
	Panel Discussion	
12.30	Lunch	
14.00 – 17.00	Clinic: Workshops:	Himmafushi Island Community Healthcare Centre CPR tutoring and practice utilising - <i>Resuscitation Manikin/Automatic External Defibrillator</i> Pre-Hospital procedures and practices
20.00	Dinner	

Thursday, November 06

07.30	Breakfast	
09.00 – 12.00	CPR Assessments	Chaaya Island Himmafushi Island
12.30	Lunch	
14.00 – 16.00	Mr Harry Gatt:	Assessment and Direction Future Conferences Current and Future project
19.30	Dinner	
20.30	Depart Dhonveli for Malé Airport	



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