

The
Surfers Medical
Association Australia

Presents the

15th Multi-Focused Indian Ocean Medical Symposium

Exchanging knowledge and experiences. Providing aid to those in need.

*3rd March - 12th March 2009
Chaaya Island, Dhonveli, Maldives*

The logo for Keddies Lawyers features the company name in a dark teal, sans-serif font. Above the text is a thin, curved teal line. To the right of the text is a stylized starburst or spark icon.

**KEDDIES
LAWYERS**

Introduction

The 15th Indian Ocean Medical Symposium will feature presentations and debate from a diverse group of speakers who encompass a broad range of topics including medical, legal and financial. A combination of the latest evidence and personal experience should promote lively discussion. The relaxed setting and informal nature of the conference encourages interactive audience participation to fully utilise the expertise present at the symposium.

As part of our charter we deliver educational sessions to medical staff at hospitals in Malé, offer advice to government departments and run clinics at community health care centres. We also acquire medical equipment for the disadvantaged and raise much needed funds for people in need.

The combination of all these diverse elements illustrates the different dimension our symposiums add that distinguishes them from most other medical conferences. There is also an opportunity for conference delegates to participate in long running projects that the SMA conducts.

The SMA would like to thank the crew from Atoll Travel, in particular Joanne and Ian, for making this conference in the Maldives possible.

A special thank you also to Keddies Lawyers for their continued support of the SMA.

SMA-Australia PO Box 2078 Dee Why, NSW, Australia 2099
www.sma-australia.com

Speakers

Dr David Kirkpatrick

David Kirkpatrick began his journey in medicine back in 1982 as a Resident Medical Officer just north of Sydney at Gosford Hospital. Following a stint as an Emergency Registrar at Sir Charles Gairdner Hospital, Perth, Western Australia, David returned to Gosford where he continued his training as an Emergency Physician.

In 1995, David honed his skills as a 'Trauma Team Leader' at the distinguished Victoria Hospital London, Ontario, Canada.

David's passion for underwater diving began in 1983 when he became certified as a SCUBA diver. Since then, he and his wife Jane have explored the waters of the world, including the Maldives during a South Pacific Underwater Medical Society (SPUMS) conference, of which they are long-term members.

It would be a natural progression for David to want to learn more about diving and hyperbaric medicine. In 1990 he completed a diploma in Underwater Medicine Diploma at the Royal Australian Navy's HMAS Penguin in Sydney. From there he went onto more formal and rigorous hyperbaric training at the Prince of Wales Hospital Hyperbaric Unit, Sydney.

Over the years, David has held a number of positions in both public and private practices, mostly in the areas of Trauma, ICU, Education and Examining. He currently practices as an Emergency Physician for the Central Coast Area Health Service, and as an ICU Consultant at North Gosford Private Hospital.

David also has an extensive musical family background and still finds time to play in a band on a regular basis.

Professor Patrick McGorry

Professor Patrick McGorry is a world-leading researcher in the area of early psychosis and youth mental health. His work has played an integral role in the development of safe, effective treatments and innovative research involving the needs of young people with emerging mental disorders, notably psychotic and severe mood disorders.

He is currently Professor of Youth Mental Health at the University of Melbourne and Director of ORYGEN Youth Health and ORYGEN Research Centre. ORYGEN's 240 clinical and research staff provide leading expertise in early psychosis, mood, substance use and personality disorders.

ORYGEN's early psychosis service, known as EPPIC, was founded by Professor McGorry in 1992 and has been hugely influential internationally. Its evidence-based model has been exported to many countries, and early intervention in psychosis has become one of the major growth points in international mental health reform.

ORYGEN provides clinical services to more than 700 young people at any one time. The ORYGEN Research Centre is currently running 44 psychiatry research projects across a broad range of issues.

Professor McGorry is a Fellow of the Academy of the Social Sciences in Australia and has been the recipient of numerous awards including the Australian Government Centenary Medal in 2003 and the Founders' Medal of the Australian Society for Psychiatric Research in 2001.

Mr Andrew Dix

Andrew Dix graduated from Sydney University with an Arts/Law degree in 1977 and worked in a large city law firm for three years before leaving to travel in South America. Returning several years later, he moved into the relatively uncharted waters of medical law as the NSW AMA's in-house legal counsel. While there, he co-authored a Butterworths publication, Law for the Medical Profession, which was one of the earliest attempts to comprehensively set out and explain the law as it related to the day to day practice of medicine for Australian doctors.

Following a major change to the NSW Medical Practitioners Act, which laid the foundations for a completely new model of professional regulation for doctors, Andrew took up the position of Registrar/CEO of the NSW Medical Board, responsible for the implementation of the new legislation.

While in this position, he has been responsible for the development and introduction of national regulatory innovations, such as the impairment program for doctors whose physical or mental health is having an adverse affect on their ability to practice safely. He has also been instrumental in developing the performance program for those who are neither unwell nor 'bad', but whose practice standards have slipped below an acceptable level.

One of his major current focuses at the Board is to achieve some sort of meaningful national registration, and uniformity of regulatory requirements and standards.

Speakers (continued)

Miss Danielle Loveless

Danielle Loveless is an exercise scientist who is currently undertaking her PhD at Griffith University, Gold Coast, Australia. Danielle completed her Bachelors degree in Biomedical Science in 2002. In 2003, she enrolled in the Bachelor of Exercise Science with Honours at Griffith University, Gold Coast, attaining First Class Honours. Danielle's PhD research is in the area of Exercise Physiology and examines the physiological characteristics of professional and recreational surfboard riders.

Specifically, Danielle is investigating muscular fatigue developed during surfboard paddling and how this impacts on lower body strength, power and neuromuscular performance. Danielle works as a sports scientist at the Surfing Australia High Performance Centre, Casuarina, NSW, who are funding the research and Danielle's PhD.

In addition to her own PhD research, Danielle is involved in other surfing research. She is currently a Co-supervisor of an Exercise Science Master's student and Co-supervisor of a student completing their Honours degree in Physiotherapy and Exercise Science. Danielle also collaborates on other research projects underway throughout Australia and is the chief investigator of various research projects assessing the benefits of surfing equipment, surf training aids and surf training programs.

Danielle runs her own Exercise Physiology Consultancy Business working alongside physiotherapists and other health professionals, with a specific focus on rehabilitation and exercise training for surfers. She discusses and presents her work at many conferences

for surfers, health practitioners and students on a regular basis and is a contributor in print and electronic media where she publishes monthly surf health and fitness articles. She is also a member of the academic community at Southern Cross University Lismore, lecturing, tutoring and teaching in various Exercise Science and Health Science subjects on a casual basis.

For more information please email danielle@harmonyinmovement.com.au

Dr Heidi Webster

Heidi is a community Paediatrician working mainly in the fields of child development and behaviour. She completed her medical degree at Queensland University in 1994 and trained in Paediatrics at the Mater and Royal Children's Hospitals. Heidi spent the last 3 years of her paediatric training specialising in child development and behavioural conditions, including a 6 month period in child psychiatry. Her aim was to better understand and treat childhood behavioural and mental health conditions.

Heidi's research has been in the field of early intervention by nurses home visiting to families with infants to prevent difficulties later in life.

Dr Webster now works part-time in a private practice specialising in child developmental and behavioural disorders. This allows her valuable time to focus on parenting of her own two young children.

Finally, Heidi has a strong interest in early childhood developmental conditions, including autistic spectrum disorders and childhood mental health conditions such as anxiety. She also enjoys helping school aged children with learning and behavioural difficulties.

Dr Mark Gillett

Mark Gillett has been practicing as a Specialist Emergency Physician at Royal North Shore Hospital, Sydney since 1993. Mark is also the Director of Emergency Medicine Training at Royal North Shore.

Mark's other responsibilities of note include; Consultant to the Emergency Dept, Shoalhaven District Memorial Hospital, Nowra; Medical Director, Immediate Assistants P/L providing pre-hospital care to major sporting venues throughout Sydney and overseas; and Chair Fellowship Examination Committee ACEM.

Nicole Newton

Nicole Newton has been involved in communication, public relations, journalism, issues management and crisis preparedness for the last 20 years. She has led her own business, Nicole Newton Consulting, since 1994.

Her public affairs consultancy spans the healthcare, corporate, resources and philanthropic sectors. Common to her work across all sectors is a strategic approach to communications, issues management, media relations and strong writing and editing skills. Nicole is committed to understanding her clients' communications needs and working in partnership with them to ensure their objectives are identified and met.

Nicole's communications experience has focused in recent years on stakeholder engagement, media and issues management, coordinating communications for the global integration of two publicly listed companies, and providing strategic communications advice to multi-national organisations, state based corporations, statutory authorities, private companies and individuals. She has also worked on a range of sustainability initiatives for a publicly listed company.

Nicole has provided strategic communications advice to the Medical Practitioners Board of Victoria since 1994, developing and managing its media relations and stakeholder engagement programs, including issues and media management to support the Board's legal and investigative processes. She is responsible for designing and implementing the Board's stakeholder engagement programs, which has included the establishment of the Board's Community Consultative Committee and the delivery of targeted consultations and communications around specific issues. Nicole edits and produces all the Board's publications and provides ongoing strategic advice to the Board President and CEO.

Nicole also provides strategic communications advice and support to the Australian Medical Council (AMC), and is actively involved in supporting both the medical board and the AMC in the lead-up to the introduction of national medical regulation and accreditation from July 2010. For the AMC, Nicole is currently driving a national consultation program to support the development of a national code of conduct for medicine.

Other current and recent clients include the Victorian Medical Post-Graduate Foundation, the Nossal Institute, the Austin Hospital, Coles Myer, Foster's, ALH, Tigor, Victorian WorkCover Authority and the Department of Victorian Communities.

Nicole has expertise in crisis management and has managed a number of issues for a range of national and international clients, including product recalls, a serious environmental issue for a major metropolitan municipality, serious product tampering issues for consumer goods manufacturers, financial threats to organisations and major public health issues for state government authorities.

After completing an Honours Arts degree at the University of Melbourne, Nicole started work at the ABC in current affairs radio. After a stint of several years as a general reporter on a range of metropolitan and suburban newspapers, she became a specialist health reporter on The Sunday Herald.

Nicole was the media adviser to a State Minister for Health and has provided media training and advice to corporations, individuals and government authorities.

Nicole has worked as a speechwriter for a range of people and organisations, from Federal and State Government Ministers and senior bureaucrats, to a Supreme Court judge, the editor of a leading metropolitan newspaper, leading business executives and the chairmen of the boards of several major companies, as well as the National Crime Authority. She has worked with a number of national and international public relations companies.

Nicole is a member of the Board of Support for Change, a small energetic charity that harnesses the power of sport for social change.

Speakers (continued)

Mr Tony Giurissevich

Tony Giurissevich was admitted as a Solicitor of the Supreme Court of New South Wales in July of 1976 and now has 29 years' post admission experience in a broad range of legal practice.

As well as practising as a solicitor, he has been a Statutory Appointee to a number of Statutory Tribunals including the Guardianship Tribunal, Social Security Appeals Tribunal and Veterans' Review Board. That experience has enhanced his knowledge of medico-legal issues and the delivery of services in the Public Health system and in the disability field.

Tony has regularly presented on behalf of Keddies at training sessions for Social Workers and other Health Professionals (Brain Injury Units) on a number of issues including guardianship, advanced care directives, powers of attorney and wills. These are all examples of planning for substitute decision-making in anticipation of loss of cognitive competence and death.

He has a particular interest in End of Life Decision-Making having experienced on many occasions the dynamic between emotional family expectations and the medical reality in terms of prognosis. That dynamic is sometimes ruled upon by legal decisions made in the Supreme Court and the Guardianship Tribunals of the respective States of Australia. Proper education and planning around those issues would go a long way to alleviate the pressure on both healthcare infrastructure and the legal framework which ultimately rules on those disputes and simply look to Best Medical Practice to be applied.

Tony has also been a strong advocate and legal representative for people with disabilities including mental illness, acquired brain injury and intellectual disability, and has brought their claims to successful completion in many jurisdictions.

Dr Peter Cooke

MB BS (NSW) Dip DRACOG. M. Pain Med. FRACGP.

Dr Peter Cooke is a General Practitioner operating from Charlestown, Newcastle NSW Australia. Peter's special interest is in Sports and Musculoskeletal medicine.

Dr Shane Moloney

Family physician (30 years)

Masters of Medicine (musculo-skeletal) University of Sydney
Secretary Australian College Physical Medicine.

Dr Matt Davis

FACEM 2003

Specialist Emergency Physician, Central Coast, NSW.

Matt has been practicing in critical care medicine for the last 12 years. He is a lecturer for the Australian Ski Patrol Association, the Australian Rugby League First Aid Officer Course and the Emergency Life Support Course. His roles on the Central Coast include developing and supervising the education program of junior medical officers. His professional interests include medical education, medical decision making, sports medicine and evidence-based critical care medicine.

Dr Victoria Shepherd

Dr Victoria Shepherd is a dermatologist with a busy private practice in Brisbane's Inner West. She also acts as a visiting dermatologist once a week at the Princess Alexandra Hospital (PAH). She undertook four years of dermatology training in Brisbane and the United Kingdom, and was accepted into the Australasian College of Dermatologists in 2005.

Victoria has an interest in medical dermatology, particularly acne and rosacea. She is actively involved in teaching dermatology registrars and is the supervisor of training at PAH. Away from dermatology, Victoria loves travelling and keeping fit. One day she hopes to learn how to surf...

Mr Peter Chapman

Senior Resources Analyst, Southern Cross Equities (SCE).

Peter Chapman has worked in the finance and investment area of the Australian mining industry for the past 25 years. Currently employed at Sydney based stockbroker, Southern Cross Equities (SCE) as a Senior Resources Analyst, Peter advises institutional fund managers on resource equities. Previous positions have been in stock broking and funds management.

After obtaining a Masters of Business Administration from the AGSM in 1981, Peter turned from a civil engineering career (BE, UNSW, 1974) to mining investments. He has Fellow membership status of the Finsia Financial Services Institute of Australia and is active in its educational program. Peter has written extensively on investment aspects of most sub-sectors of the mining industry for his clients and currently focuses on gold and energy companies. Peter firmly believes the equity market is an efficient platform for the allocation and use of capital.

Companies that SCE have recently raised money for include Fortescue Metals, Sino Gold and Kagara Zinc. Companies such as these use the equity market to raise capital for growth at the same time as providing strong returns for shareholders. Peter argues that global resource market conditions, driven largely by the urbanization of China, continue to create opportunities for Australian resource companies and their shareholders.

Ms Carrolyn Watt

RN, B.Ed

Carrolyn started her working life as a registered nurse, but after 10 years decided to pursue her preferred career as a physical education teacher. She completed a Bachelor of Education degree majoring in physical education and English in 1995. She soon learned that teenage children are far more difficult to handle than incontinent geriatrics.

Carrolyn now teaches health and physical education at primary school level. She has a professional and personal interest in the management of anaphylaxis in schools. She also has a keen interest in her school's surfing excellence program, which is run by recent world longboard champion Grant Thomas. Her school is one of a small number that incorporates surfing into the school curriculum.

Dr Peter Watt

M.B,B.S , FANZCA

Peter's undergraduate medical degree was obtained at the University of Queensland in 1990. He spent 2 years working in some of the most inhospitable places on the planet before deciding that the Sunshine Coast would eventually become his permanent home.

His specialist training in anaesthesia was based at the Royal Brisbane Hospital. He received the Renton prize for the anaesthetic primary examination. He has been involved in teaching anaesthesia primary candidates since 1995 with his main area of interest being renal physiology.

Peter now works in full time private practice on the Sunshine Coast with colorectal, obstetric, plastic and reconstructive surgery being his main fields of practice. He continues to be involved in teaching anaesthesia primary candidates.

Dr Andrew Hedges

(Gynaecologist) B Med, FRANZO&G, M Rep Med.

Dr Hedges graduated from Newcastle University 1987 and completed his postgraduate training at Royal North Shore Hospital Sydney and John Hunter Hospital Newcastle, with a year in Salisbury, United Kingdom. Andrew also completed a Masters of Reproductive Medicine in 2005, and his current area of practice is Gynaecology and male and female fertility.

Andrew is Medical Director of Hunter IVF and Visiting Medical officer at John Hunter Hospital and Newcastle Private Hospital. Dr Hedges is also a Member of the Monash IVF medical advisory committee.

Mr Robert Pinzone

Bachelor of Arts, Bachelor of Law, University of Sydney.

Admitted to practice in NSW in 1976, *Robert* is an Accredited Specialist in Personal Injury Law. He has been acknowledged by peers as an expert in Motor Traffic / Personal Injury law for 20 years, and as having expertise in medico-legal practice.

Robert is a member of the Advisory Committee to the Accredited Specialist Board, NSW Law Society, as well as a member of the Advisory Panel for the Motor Accidents Authority for Paediatric Brain and Spinal Cord Injuries. Robert regularly participates in advisory workshops with the Motor Accidents Authority and is a New South Wales committee member of the Australian Lawyers Alliance.

Dr Jim Kerr

BSc Honours in Zoology UNTAS 1975

MBSUNTAS 1986

DIP Paediatrics UNSW 1992

FRACP(Paediatrics)1998.

VMO Paediatrician - Port Macquarie Base Hospital & Lecturer in Paediatrics UNSW.

Dr Garry Wells

Graduated from University of Sydney 1978.

General Practice Dentist, Eastern Suburbs of Sydney.

Dr Glenn Fuller

Graduated from University of NSW.

Consultant Psychiatrist in public and private practices in Byron Bay and Lismore.

Conference Program

Tuesday, March 03

22:00 Arrive Malé Airport, Maldives
Transfer by boat to Chaaya Island, Dhonveli

Wednesday, March 04

07:30 onwards Breakfast

10:00 – 12:30 **Mr Harry Gatt** Conference Overview and Introductions
Dr David Kirkpatrick Dysbaric Injury (Diving Medicine)
Dr Heidi Webster Overview of Cerebral Palsy- Heidi is overseeing this SMA Project

Panel Discussion

12:30 Lunch

13:30 – 16:00 **Group 1 Workshops: CPR education and practice**

Pre-Hospital emergency procedures and practices
Utilising Resuscitation Manikin and
Automatic External Defibrillator

Group 2: Himmafushi Is. Community Healthcare Centre

Staff Education / Clinic Session

19:30 onwards Dinner

Thursday, March 05

07:30 onwards Breakfast

09:00 – 12:00 **Miss Danielle Loveless** Surfing Injuries: Junior surfers verses Veteran surfers
Professor Patrick McGorry Depression and deliberate self-harm in young people
Dr Mark Gillett Assessing Clinical Performance

Panel Discussion

12:30 Lunch

13:30 – 16:00 **Group 1 Workshops: CPR education and practice**

Pre-Hospital emergency procedures and practices
Resuscitation Manikin and Automatic External available

Group 2: Huraa Is. Community Healthcare Centre

Staff Education / Clinic Session

19:30 onwards Dinner

Friday, March 06

07:30 onwards	Breakfast	
09:00 – 12:00	Dr David Kirkpatrick	Use of Hyperbaric Oxygen Therapy in Medicine
	Dr Matt Davis	Emergency Medicine in the Middle Ages
	Mr Andrew Dix	Professionalism and Regulation in Medicine
	Panel Discussion	
12:30	Lunch	
13:30 – 16:30	Visit Indira Ghandi Memorial Hospital, Malé	
	Visit ADK Hospital, Malé	
	Visit Thalasseamia Centre, Malé	
19:30 onwards	Dinner	

Saturday, March 07

07:30 onwards	Breakfast	
09:00 – 12:00	Dr Shane Moloney	Sacro-Illiac joint instability as a cause of lower back pain
	Dr Garry Wells	Emergency dental procedures
	Mr Peter Chapman	Dealing with the financial crisis-Part 1
	Panel Discussion	
12:30	Lunch	
13:30 -16:00	Dr Peter Cooke	Dengue Fever in the Maldives: A larger problem than first anticipated
	Miss Danielle Loveless	Surfing into your 70's: Body maintenance for life long surfing
	Dr Jim Kerr	Childhood Respiratory Disorders
	Ms Nicole Newton	The media and medical regulation – balancing competing public interests
	Panel Discussion	
19.30 onwards	Dinner	

Sunday, March 08

07:30 onwards	Breakfast	
09:00 – 12:00	Group 1 Workshops: CPR education and practice	Pre-Hospital emergency procedures and practices Utilising Resuscitation Manikin and Automatic External Defibrillator
	Group 2: Himmafushi Is. Community Healthcare Centre	Staff Education / Clinic Session
12:30	Lunch	
	Free Afternoon	
19:30 onwards	Dinner	

Conference Program (continued)

Monday, March 09

07.30	Breakfast	
09.00 – 12.00	Group 1 Workshops: CPR education and practice	Pre-Hospital emergency procedures and practices Resuscitation Manikin and Automatic External available
	Group 2: Huraa Is. Community Healthcare Centre	Staff Education / Clinic Session
12.30	Lunch	
13:30–16:00	Forum: Mental Health	Professor Patrick McGorry (chair)
	Forum: Thalassaemia	Mr Harry Gatt
	Panel Discussion	
19:30	Dinner	

Tuesday, March 10

07.30	Breakfast	
09.00 – 12.00	Miss Danielle Loveless	Cross-training patterns of junior professional and recreational surfers
	Dr Victoria Shepard	Skin Cancer: A growth industry
	Dr Peter Watt	Anaesthesia in the third world
	Panel Discussion	
12.30	Lunch	
13.30 - 1600	Dr David Kirkpatrick	Marine Envenomations and Infections
	Dr Claude Cicchini	Ageing
	Mr Andrew Dix	Workforce Dilemmas – Overseas Trained Doctors
	Panel Discussion	
19.30 onwards	Dinner	

Wednesday, March 11

07.30	Breakfast	
09.00 – 12.00	Professor Patrick McGorry	What is Borderline Personality Disorder?
	Mr Peter Chapman	Dealing with the financial crisis-Part 2
	Ms Carolyn Watt	Dealing with medical emergencies in school
12.30	Lunch	
13.30 – 16.00	Dr Andrew Hedges	Will there be babies 50 years from now
	Dr Mark Gillett	Toxicology update
	Dr Matt Davis	High dependency and Wyong
19.30	Dinner	

Thursday, March 12

07:30	Breakfast	
09.00 – 12:00	Professor Patrick McGorry	Update: Mental Health reform in the Maldives
	Mr Harry Gatt:	<ul style="list-style-type: none">• Conference Assessment• Future Direction• Projects
12:30	Lunch	
	Free Afternoon	
19.00	Dinner	
20.30	Depart Chaaya Is. Dhonveli for Malé Airport	



VALE

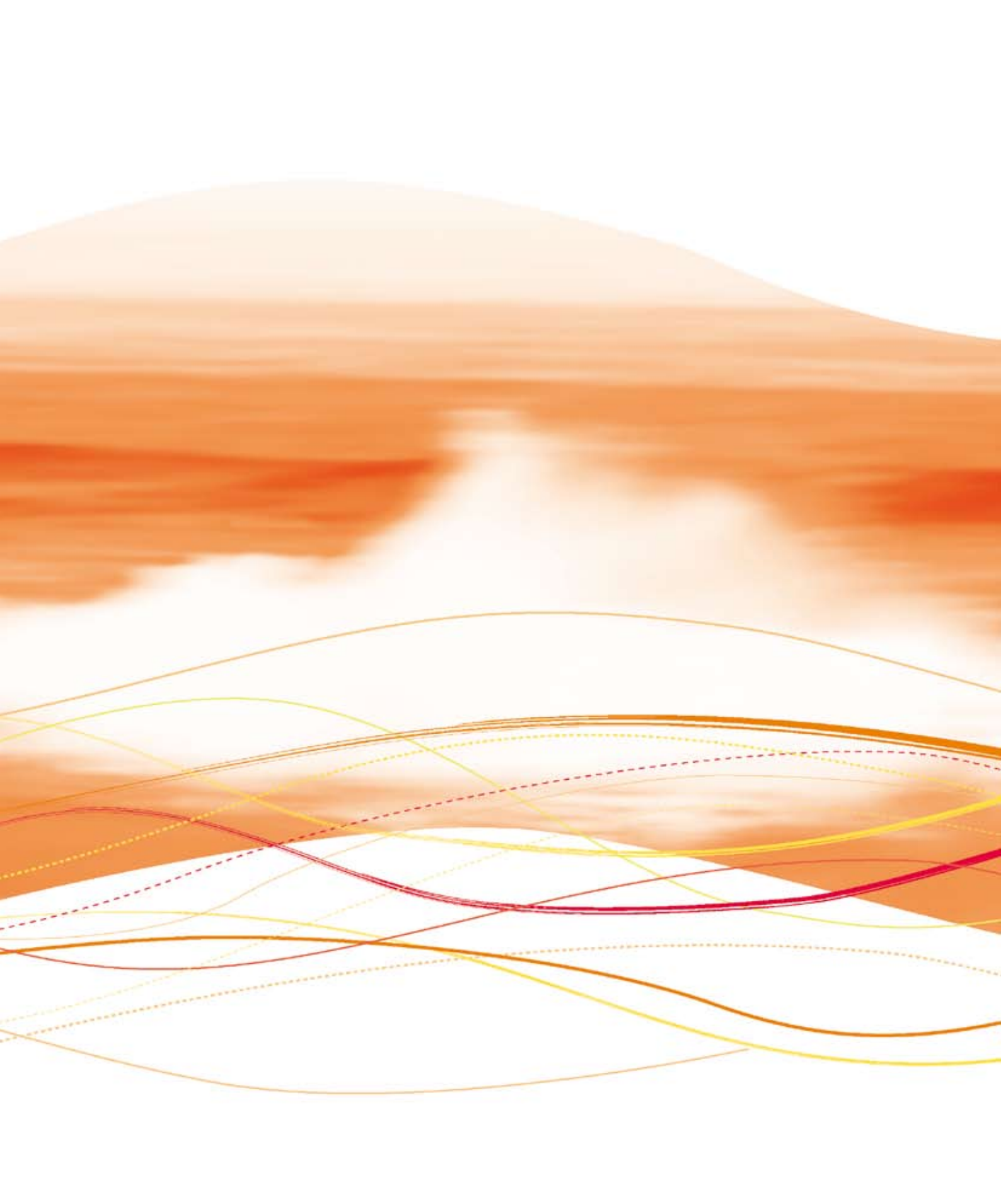
Tony "Honky" Hussein Hinde

(15/05/1953 – 27/05/2008)

Tony Hussein-Hinde is and always will be regarded as the godfather of surfing in the Maldives. He was a great husband, father and visionary. Articulate and witty, he often acted as a mentor and counsellor, and was an accomplished surfer as well as a surfing purist.

Tony gave us his friendship, the friendship of another culture and the opportunity, while sharing waves, to share our knowledge and skills for the wider good. Tony discovered and preserved a paradise where we could convene and enjoy the true spirit of surfing. Going to his surf camp was to escape the stresses of our normal lives and to share an experience of nature and community that has blown our minds.

Tony looked forward to the SMA conference each year and always made sure that he was on the island when we held one. He has created the sorts of memories that will sustain us to the day we die. For this we will never forget our dear friend Tony.



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